



["A New Spring: Music for Relaxation and Wellbeing" by Tron Syversen](#)

Album Review by [New Age CD](#) and [New Age Notes Radio](#) Staff

"Graceful, elegant, and superbly done, the album is ultra-relaxing and exceptional in every nuance." – [Dyan Garris](#)

Spring is always a truly special time of year. As we know, it's a time of hope, optimism, rebirth, and rejuvenation. It feels good. "A New Spring," by Norway-based, multi-

instrumentalist, Tron Syversen, brings us perfectly into this sweet space.

Melodic and symphonic, the album also features the beautiful, angelic voice of [Helene Edler](#) (who co-produced with Tron), along with piano, keyboards, violin, electric violin, guitar, cello, flute, English horn, bass, and soprano saxophone. In my opinion, it's always refreshing to have real instrumentation these days rather than electronic. It is also wonderful and uplifting to the spirit to have truly beautiful melody lines.

"A New Spring" was created over a period of time beginning in 2007. Tron conceived many of the melodies found here from his seaside cabin which is located on a hillside overlooking Oslo fjord. From his windows and balcony, Tron could see the Norwegian spring coming to life, and thus the inspiration for this very enjoyable album.

The 8 tracks here are beautifully done in every regard, "springing" from Tron's very core. The album is about 51 minutes of healing, melodic, relaxation music and one can feel Tron's essence shining through in every note. The relaxing tempo present in each piece makes this music perfect for use during massage therapy, meditation, and spa treatments. I also like that each track is over 5 minutes as this is perfect for the aforementioned.

The album opens with the light and dreamy, "Dancing Butterflies." There is everything to love here, and Helene's voice adds to the soothing tranquility. Ditto for "Melting Snow," which is equally as angelic and beautiful. We can feel the gentle movement of snow and ice melting and transforming into softly flowing spring water. Very nicely done.

"Blossom of the Heart" is a favorite. I love this melody, and, again, the soundscapes that Tron has painted here from his own vision, take us so gracefully into the energy of spring. Helene's ethereal vocals, here, and throughout the album, feel completely effortless. We can feel our heart chakras opening.

"Surrender" feels like lying in luscious spring green grass, gazing up at bright blue sky with fluffy white clouds floating by. Surrendering to "all that is" and the beauty and wonder of nature, this is truly

heavenly. Thoughts of approaching spring probably begin long about February for many folks. "February" perfectly captures all those emerging anticipatory vibes.

Another favorite, although I'm certain you will want to get the entire album, is "Magic Waves." This is gentle, with truly magnificent string arrangements, and again, an uplifting, rejuvenating melody. The piece is completely relaxing on every level.

A great mix is one where you don't notice the mix. This quality of production is present in every track on the album. For some reason, this stands out to me on, "Evening Breeze." It's so perfectly mixed, all you feel and sense here is the gentle breeze caressing your face. I love it.

The album closes out with the stunningly beautiful, "True Love." If I had to pick a favorite, which is extremely difficult, if not impossible to do here, this would be it. The arrangements, Tron's musical artistry, along with Helene's divine, other-worldly vocals, take us from icy winter to bright spring as well as to a whole other dimension. Graceful, elegant, and superbly done, the album is exceptional.

Get it/Listen here: <https://www.tronmusic.com/a-new-spring-relaxing-music/>

Official artist website: www.tron.no

Broadcast/media promotion:

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Credits:

Bass: Per Elias Drabløs

Cello: Silje Katrine Gotaas

Electric violin: Sunniva Tomter

English Horn: Henrik Eurenus

Flute: Elin Kathrine Thorkildsen

Guitars: Rolf Kristensen, Harald Fjelde (2, 7) and Elin Løkken (4)

Mastering: Peer Espen Ursfjord

Mixed by: Marius Tøndel Eliassen, Helene Edler and Tron Syversen

Music and arrangements: Tron Syversen

Piano/Keyboards: Tron Syversen

Produced by Tron Syversen and Helene Edler

Recorded, mixed and produced at Pan Lydstudio, Skjetten, Norway

Soprano Saxophone: Arne Egenesvoll

Violin: Agnes Hoffart

Voice: Helene Edler

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